

CABLED SKI HEADBAND

Materials required: light worsted weight yarn and 6.0mm needles. Headband is worked with double strand of yarn.

With double strand of yarn, cast on 16 stitches. Always slip first stitch and purl last stitch of every row.

Work 3 inches in garter stitch.

Work 6 inches in cable pattern.

Cable Pattern:

Row 1: sl1, p1, k12, p2

Row 2: sl1, k1, p12, k1 p1

Row 3: sl1, p1, put next 2 sts on cable needle and hold in back, knit next 2 stitches, k2 stitches from cable needle, repeat cable twice, p2.

Row 4: Repeat Row 2

Row 5: Repeat Row 1

Row 6: Repeat Row 2

Repeat rows 1-6 a total of 6 times.

Work 3 inches in garter stitch. Remember to slip first stitch and purl last stitch.

Work 4 inches in ribbing: sl1, *k1, p1* repeat from * to * until 1 st remains, p1.

Sew edges together.